



COVID-19 ASSISTANCE FOR SENIORS AND PEOPLE AT RISK

Del Mar Community Connections

Service: Delivery of groceries and social interaction.

Call: 858-792-7565 | Visit: www.dmcc.cc

Meals on Wheels

Service: Meal delivery to seniors and people with disabilities.

Call: 760-736-9900

Community Resource Center

Service: Food pantry and nutrition distribution.

Call: 760-753-8300 | Visit: www.crcncc.org

211 San Diego

Service: Confidential guidance to health and social services.

Call: 211 | Visit: www.211sandiego.org

County of San Diego Aging & Independence Services

Service: Free and impartial assistance to County residents.

Call: 800-339-4661 | Visit: www.aging.sandiegocounty.gov

Facilitating Access to Coordinated Transportation (FACT)

Service: Free rides for seniors and people with disabilities.

Call: 888-924-3228 | Visit: www.factsd.org

City of Del Mar

Call: 858-755-9313 | Visit: www.delmar.ca.us

Mental Health Crisis Hotline

Call: 888-724-7240

Emergency

Call: 911