

How much food do we waste*?



* Numbers on this chart represent estimated 2010 U.S. consumer food losses in and away from home. "Food loss" refers to edible food that is not consumed for various reasons including inadequate storage, overbuying, not eating before food spoils, confusion over "use-by" and "best by" dates, uneaten leftovers, plate waste, cooking loss, natural shrinkage (e.g., moisture loss), mold and other causes.

Source: USDA report, Feb 2014
www.ers.usda.gov/publications/eib-economic-information-bulletin/eib121.aspx



Take action

SHOP AND COOK SMART



Plan your meal



Shop your kitchen first



Shop with a list



Store properly

KNOW YOUR DATES

SELL BY
for stores still edible

BEST BY
for best flavor still edible

USE BY
for peak quality still edible

DONATE

The "Good Samaritan Act" protects you from liability. Contact these local charities for food donation information:

- **St. Peter's Episcopal Church**, 334 14th St., Del Mar, CA 92014 – (858) 755-1616
- **Community Resource Center**, 650 2nd St., Encinitas, CA 92024 – (760) 753-8300
- **St. Andrew's Episcopal Church**, 890 Balour Dr., Encinitas, CA 92024 – (760) 753-3017
- **San Diego Food Bank**, 9850 Distribution Ave., San Diego, CA 92121 – (858) 527-1419
- **North County Food Bank**, 680 Rancheros Dr., Ste. 100, San Marcos, CA 92069 – (858) 527-1419

More information:

delmar.ca.us/GoGreenDelMar



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