

Think Renewable, Recyclable, Reusable, and Sustainable Checklist



- ✓ Switch to CFL's or LED's at home/work. Look for Energy Star qualified fixtures and appliances. Take Advantage of Rebates on Energy Star:
http://www.energystar.gov/index.cfm?fuseaction=rebate.rebate_locator
- ✓ Install Solar/PV wherever possible (Ex: Water Heater, Entire Home, Outdoor & Entry Way Lighting) for safety and savings.
<http://www.getsolar.com/california-installers/>
<http://www.gosolarcalifornia.ca.gov/>
- ✓ Turn down the temperature on your water heater to 120 degrees F.
- ✓ Wash laundry off peak hours, choose the cold water and light soil settings, and air dry.
- ✓ Route your rinse water to your irrigation system, use biodegradable soap, water your garden less often, and re-landscape with water smart plants, compost, bark, and stone.
http://www.20gallonchallenge.com/pdf/HOA_howtoguide.pdf or www.garden.org
- ✓ Install a water filter on your kitchen sink or fridge for drinking water/refill 3-5 gal bottles.
- ✓ Take Advantage of Government Rebates for Self Installation of Low Flow Toilets.
- ✓ Insulate, caulk, seal with foil tape, add receptacle switch plate gaskets to reduce air leaks and moisture, install an adjustable thermostat.
http://www.energystar.gov/index.cfm?c=home_sealing.hm_improvement_sealing
http://www.energystar.gov/index.cfm?c=heat_cool.pr_hvac
- ✓ Take Advantage of SDG&E's Public Purpose Program (ex: Install Low Flow Fixtures and Weather Seal) or have a home audit performed. Call 1 800 411 SDGE.

TURN IT OFF

- ✓ Water while soaping up in the shower, while brushing teeth, and doing dishes.
- ✓ Lights when you leave the room. Install power strips w/on/off switches to electronics

STOP BEING CARELESS

- ✓ Switch to e-statements and monitor usage online. Print only when necessary and double sided.
- ✓ Say NO to plastic and paper! Employ reusable bags for shopping. The average American uses 350/yr.

- ✓ Reuse all that you can as often as you can (Ex: padded envelopes, glass jars).
- ✓ Recycle everything you can in blue bucket, return all possible for CRV
<http://www.sandiego.gov/environmental-services/recycling/pdf/081124curbsider.pdf>
- ✓ Start a compost or worm bucket, reduces trash and produces awesome soil for your garden
http://www.sandiego.gov/environmental-services/recycling/pdf/0404backyard_composting.pdf
- ✓ Buy Advanced Energy Saving Energy Star Rechargeable Battery Systems and power adapters. Use 35% less energy than conventional models; will save 1 billion kWh energy/yr.
- ✓ Get your vents and ducts cleaned, change your furnace filter, and use that fireplace. Carpool information at <http://www.erideshare.com> ; www.vanpool.com; www.icarpool.com
- ✓ Track CO2 & monetary savings.

